

# CREATIVITY SKYPE SESSIONS FOR COACHES

## PETER'S OFFER FOR COACHES

If you would like to strengthen your creative knowledge and awareness, your drawing confidence and your ability to use drawing with clients and groups, the following Skype sessions may be of interest.

*A minimum of three sessions are recommended and can be tailored to include elements of both 1&2. No drawing skills needed to fully benefit.*

### *1. One to One Skype : Your Creative development*

These Skype sessions are designed for coaches who want to

- understand more about creativity as a process
- get more in touch with their own creativity
- enhance their creative and mental performance at work
- use drawing to explore personal biography; vision future aspirations
- use drawing to release blocks that can inhibit creativity

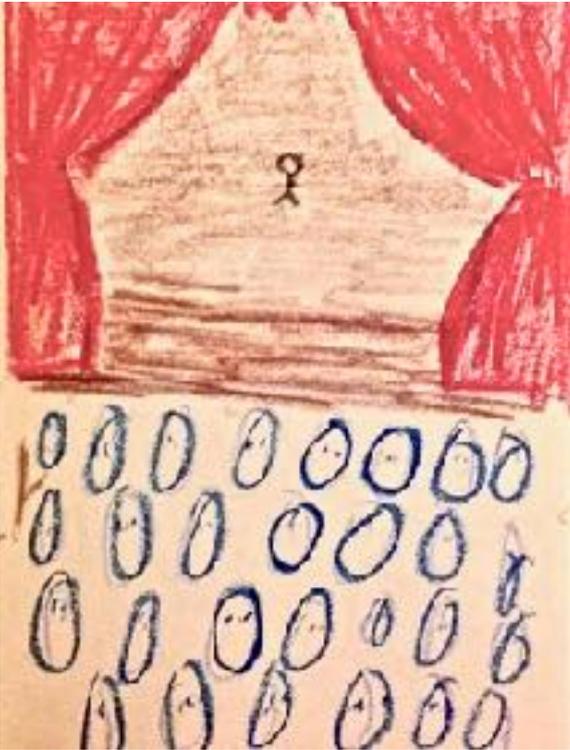


### *2. One to One Skype : Using Drawing with Coaching Clients*

These sessions

- train the coach to use drawing in their one to one sessions and in group workshops
- build visual confidence in the coach so that they are able to invite the client to release more of their inner world through drawings
- train the coach how to involve the client in non verbal communication and to dwell in feelings through making pictures

***Drawing makes visible the subconscious and helps build resilience.***



## A Manual of Exercises

This document can be designed in relation to the Skype sessions and would

- explain the nature of creativity and its relationship to work
- act as a detailed guide showing how to practically implement a set of warm-up exercises and use specific drawing exercises in coaching
- inspire you to create your own visual exercises in relation to the clients' needs

*« Peter's deep awareness of creativity is invaluable for us in terms of taking people beyond their cognitions. Through art he naturally puts people in touch with their emotions, their imagination and connects them with what is often dormant creativity waiting to be awakened. »*

Professor Daniel Cable  
Organisational Behaviour at the London Business School

*« My skype sessions with Peter have been wonderful. Drawing has a way of bypassing the intellect and connecting with the truth of what is going on at a deeper level. As a coach this has been powerful to experience and has impacted the way I share creativity with my clients. »*

Clare Tanner  
BA (Hons) Chartered FCIPD  
Consultancy coaching training

### Contact

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### Costs

£150 per skype session for one and a half hours  
£300 tailored manual of exercises